

RAISING TECH Safe Kids



The Envoy Group @ Heartlight

A Faith-Based Approach to Pornography
Addiction Treatment

DEFINE ADDICTION

Addiction is a condition that results when a person ingests a substance (e.g., alcohol, cocaine, nicotine) or engages in an activity (e.g., gambling, sex, shopping) that **can be pleasurable** but the continued use/act of which becomes compulsive and **interferes with ordinary life responsibilities**, such as work, relationships, or health. Users may not be aware that their behavior is out of control and **causing problems for themselves and others**.



DEFINING PORNOGRAPHY

FORM AND FUNCTION



WHAT'S THE BIG DEAL?

IS IT A REAL PROBLEM?

**THE THIEF COMES TO STEAL,
KILL AND DESTROY**

Jesus



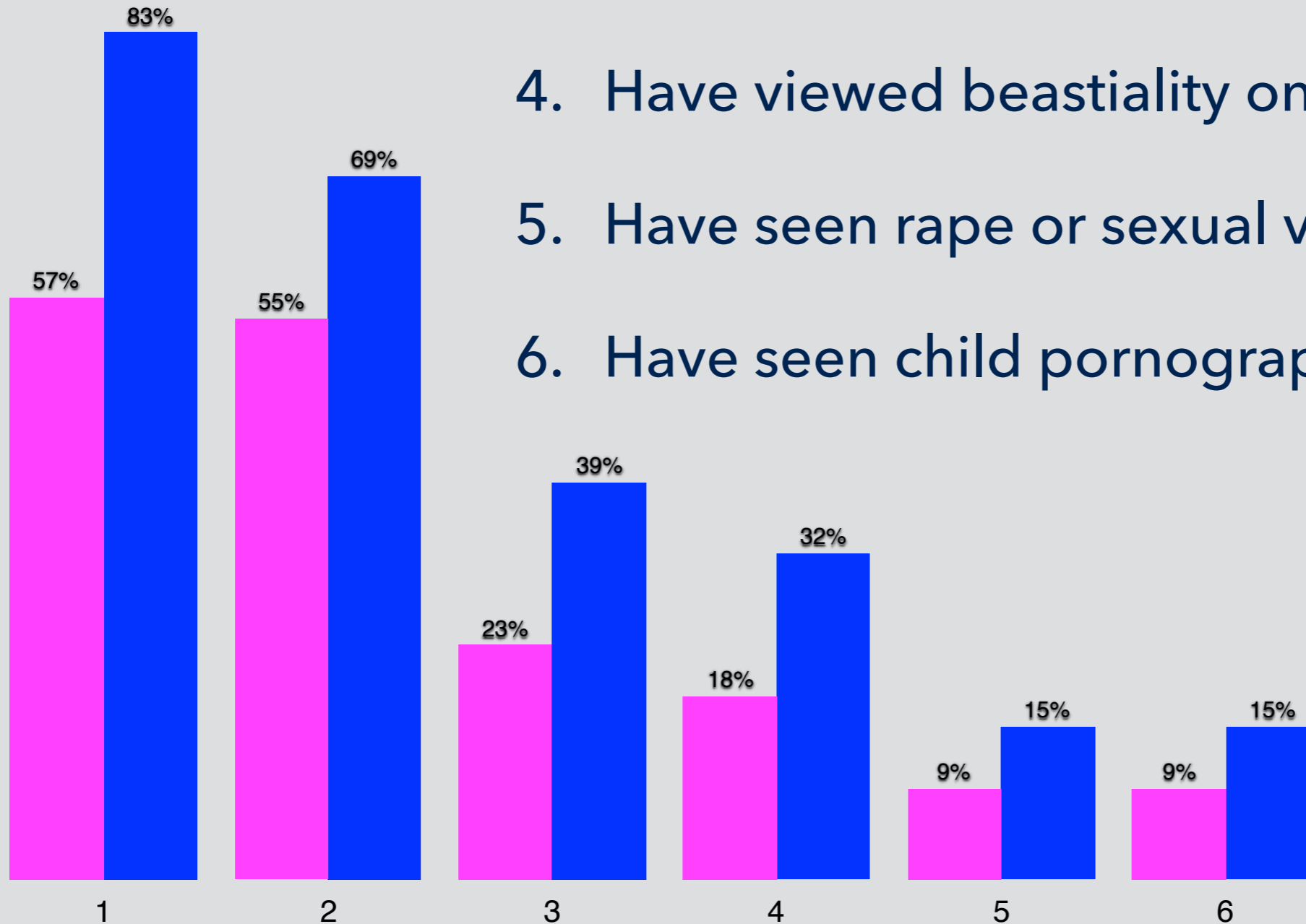
WHAT'S THE BIG DEAL?

VEHICLE TOWARD FUTURE

INTERNET RISKS

- ▶ 90% of 8-16 have viewed pornography
- ▶ 20-30% of adult industry traffic is children
- ▶ 80% of Children using e-mail receive inappropriate messages
- ▶ 70% of teens online have accidentally come across pornography on web

1. Have seen group sex on the Internet
2. Have seen porn showing same-sex intercourse
3. Have seen online sex acts involving bondage
4. Have viewed bestiality on the Internet
5. Have seen rape or sexual violence online
6. Have seen child pornography



Source: "The Nature and Dynamics of Internet Pornography Exposure for Youth" by Chiara Sabina, Janis Wolak, and David Finkelhor

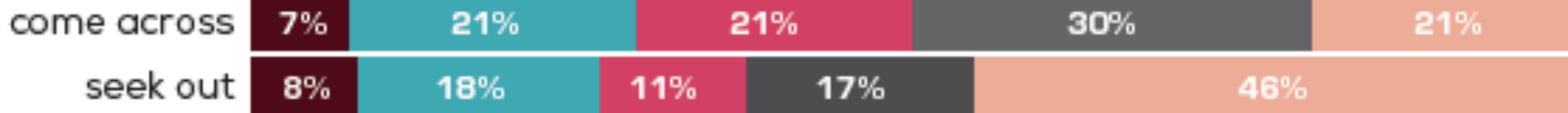
FREQUENCY OF CONTACT WITH PORN

HOW FREQUENTLY PEOPLE COME ACROSS VS. SEEK OUT PORN, BY AGE

% among U.S. teens, young adults and adults 25+

● daily ● weekly ● once or twice a month ● less often ● never

teens 13-17



young adults 18-24



ACTIONS THAT ARE WRONG: TEENS & YOUNG ADULTS 13 TO 24

	% usually + always wrong
<i>base: teens and young adults 13-24</i>	
1. taking something that belongs to someone else	88
2. having a romantic relationship with someone other than a spouse	75
3. saying something that isn't true	71
4. not recycling	56
5. thinking negatively about someone with a different point of view	55
6. overeating	48
7. significant consumption of electricity or water	38
8. wanting something that belongs to someone else	32
9. viewing pornographic images	32
10. reading erotic or pornographic content (no pictures)	27
11. watching sexually explicit scenes on TV or in a movie	24

Google is now teaching many of our kids about sex... you can ask the privacy of your browser.

David Kinnaman



QUESTION 1

MY PERSONAL WHY



3 WAYS IMPURITY HURTS

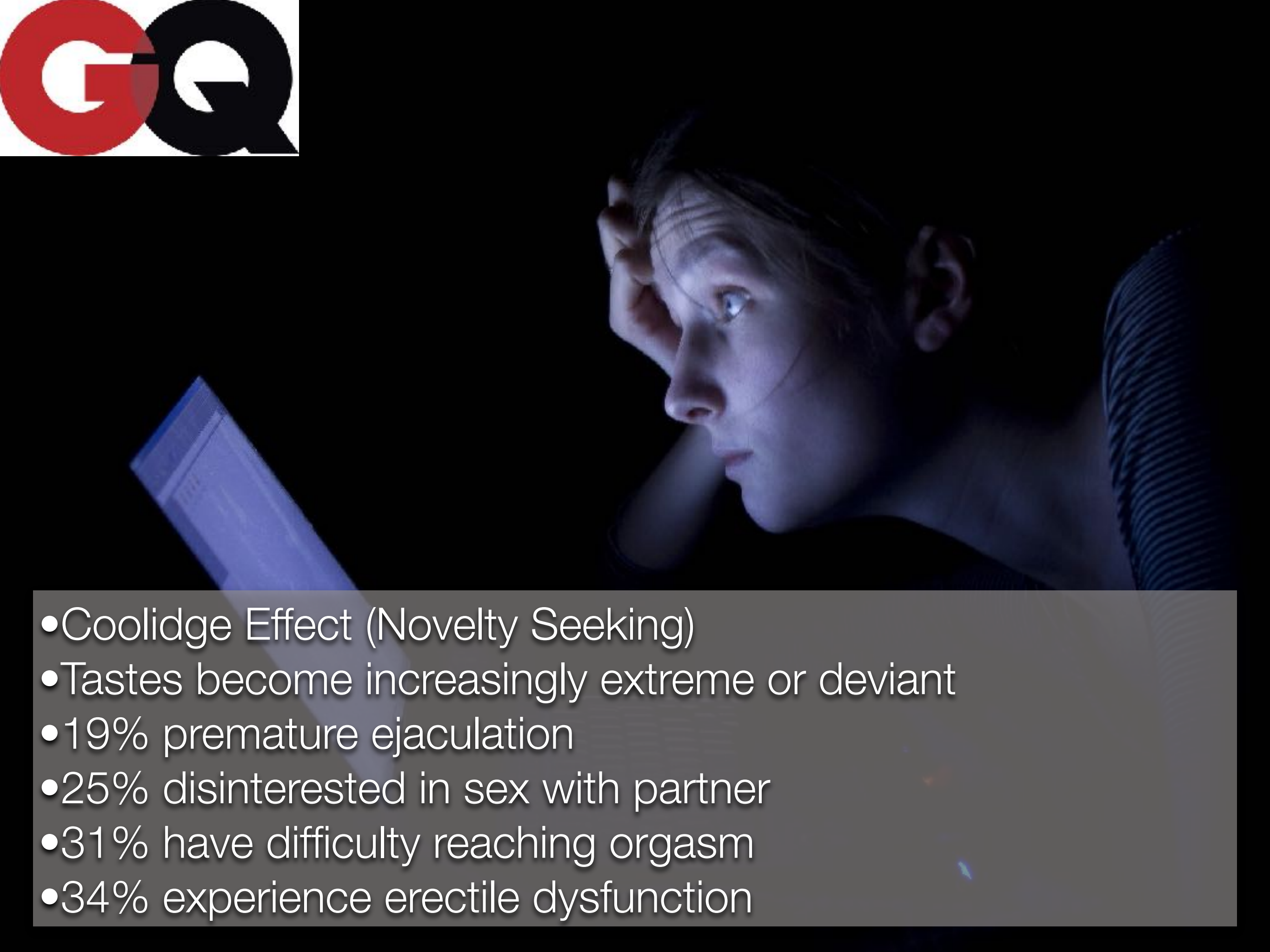
#1 – WE LOSE FOCUS



3 WAYS IMPURITY HURTS

#2 - INCREASES OUR APPETITE AND DECREASES OUR SEXUAL SATISFACTION



- 
- A woman with long dark hair is shown in profile, looking intently at a laptop screen. The scene is dimly lit, with the primary light source being the laptop's display, which casts a blue glow on her face and hair. Her hand is resting on her forehead, suggesting concentration or perhaps stress. The background is dark and out of focus.
- Coolidge Effect (Novelty Seeking)
 - Tastes become increasingly extreme or deviant
 - 19% premature ejaculation
 - 25% disinterested in sex with partner
 - 31% have difficulty reaching orgasm
 - 34% experience erectile dysfunction



3 WAYS IMPURITY HURTS

#3 – SEPARATES US FROM PEOPLE – MAKES US CONSUMERS OF PEOPLE

PLEASURE FROM ABUSING WOMEN

- ▶ Frequent drug use to dull physical and emotional pain
- ▶ High probability of having sexual abuse as children
- ▶ Abusive or distant father
- ▶ Coercion - show up to something different than they agreed to
- ▶ Human sex-trafficking - 1/2 of prostitutes create pornography





THE BRAIN ON PORN PARTIAL BRAIN PLEASURE

Neurons that fire together wire together

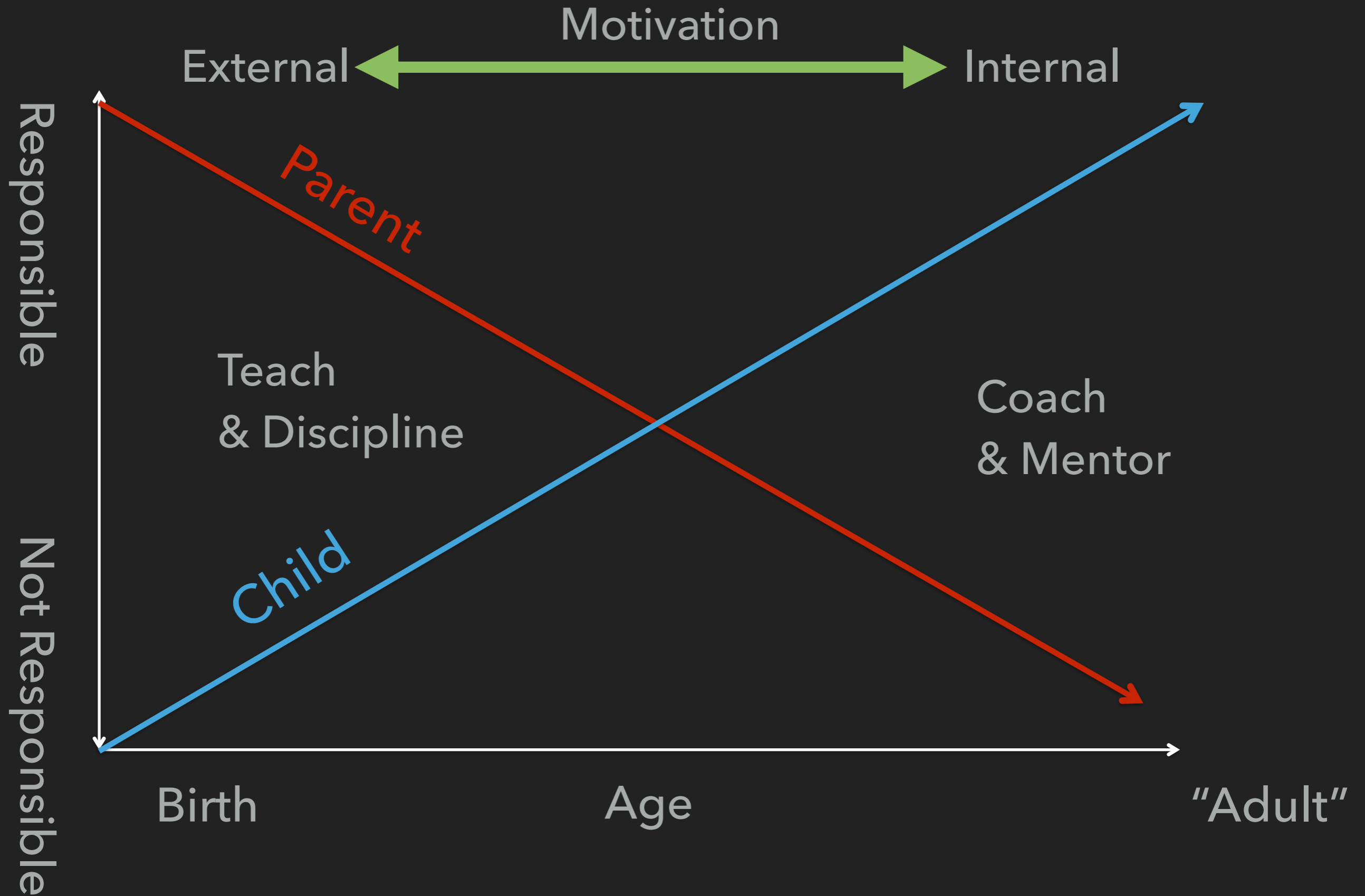
Donald Hebb – Neuropsychologist in 1949



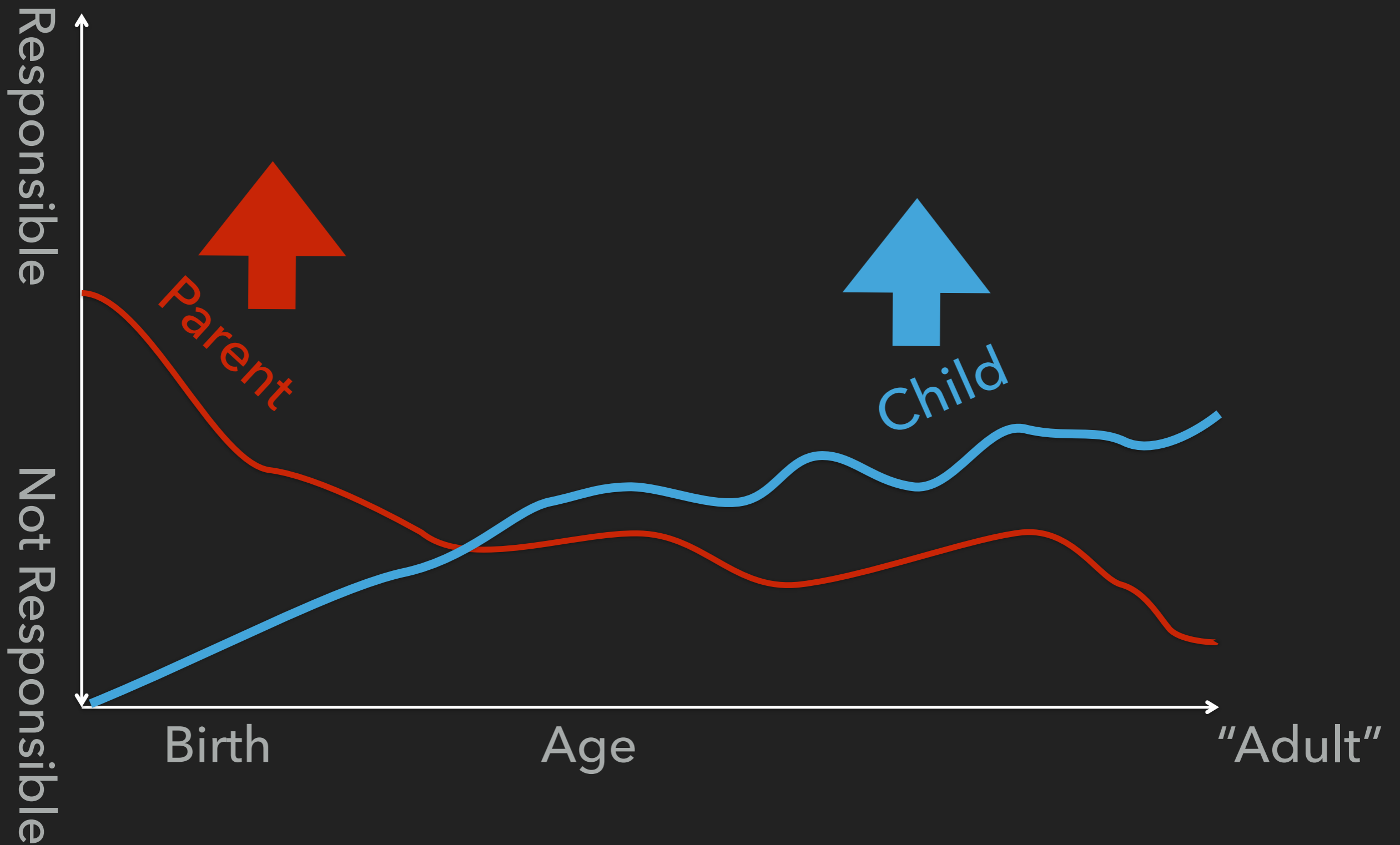
QUESTION 2

WHAT MAKES ME VULNERABLE?

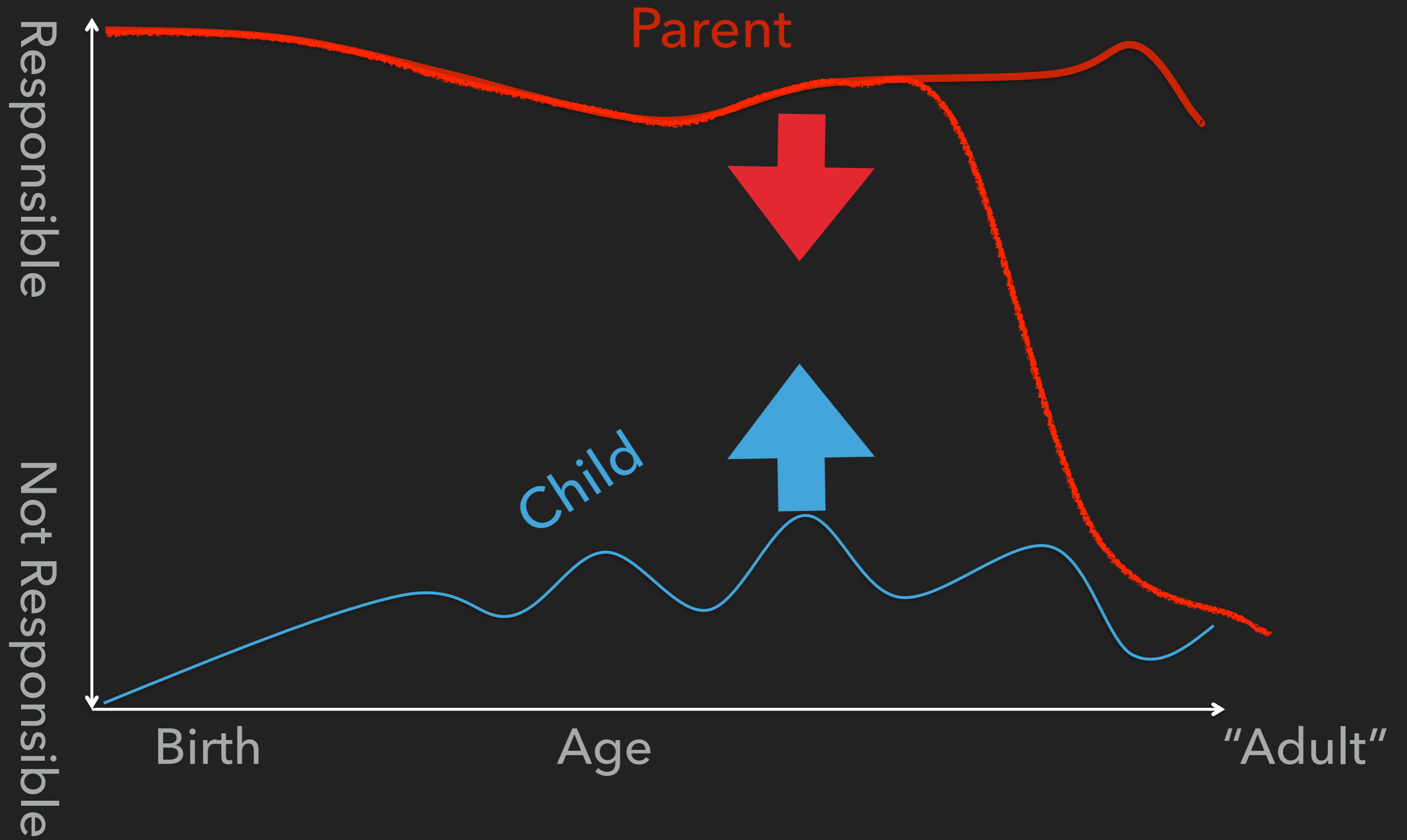
LAUNCH PROCESS



WHAT MANY OF OUR KIDS HAVE EXPERIENCED



ONE POSSIBLE REACTION



CAUGHT BUT NOT HOOKED



VS.



WHERE IS THE CATCH

- ▶ Secrecy
- ▶ Shame
- ▶ Ignorance about **body**
- ▶ Ignorance about **pleasure**
- ▶ Fear of **overreaction**
- ▶ People pleasing, fear of **disappointing**
- ▶ Perfectionism
- ▶ Hopelessness





QUESTION 3

WHAT DOES RECOVERY LOOK LIKE FOR ME?

RECOVERY



6 Steps Toward Freedom

Helping Kids Recover

6 STEPS TO DISCOVERING FREEDOM

#1 – FOCUS ON POSITIVE – WHAT DRIVES YOU TO SAFETY?





6 STEPS TO DISCOVERING FREEDOM

#2 – FOCUS ON RECOVERY OVER ABSTINENCE

6 STEPS TO DISCOVERING FREEDOM



#3 – INCREASE RESISTANCE

BASIC FOUNDATION

- ▶ Internet in common areas
- ▶ **Accountability**/Filters
 - ▶ www.covenanteyes.com
 - ▶ www.xxxchurch.com
 - ▶ www.internetsafety.com
 - ▶ Circle with Disney
- ▶ Require passwords
- ▶ Monitor Activity
- ▶ Phones don't go everywhere
- ▶ "Ownership" rights





FRICTION

FIGHT EDGING



EXPANDING YOUR LIFE

BOUNDARIES





#4 – PURSUE YOUR WORST FEARS

6 STEPS TO DISCOVERING FREEDOM

PURSUING YOUR WORST FEARS

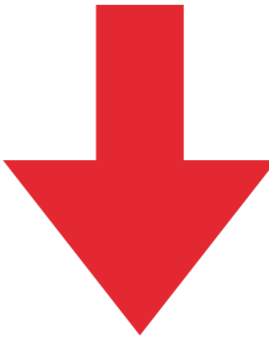
Vulnerability
Trust
Dependence
Relationships



Known



Unknown



Guarded
Self-sufficient
Independent
Fearful



6 STEPS TO DISCOVERING FREEDOM

#5 - DEVELOP AND WORK A PLAN



MONTHLY PLAN

EVERY MONTH, FOR EACH MONTH



MONTHLY PLAN

NEED A PERSONAL REASON



MONTHLY PLAN

ROADBLOCKS



MONTHLY PLAN

CONSEQUENCES AND REWARDS

A close-up photograph of a blue ballpoint pen resting on a sheet of white graph paper. The words "To Do" are handwritten in blue ink on the paper. The pen is positioned horizontally, with its tip pointing towards the left. The background is slightly blurred, showing the grid pattern of the paper and a small blue ink dot below the word "Do".

To Do

MONTHLY PLAN

ACTIVE COMMITMENTS



MONTHLY PLAN

SHARE PLAN WITH ACCOUNTABILITY PARTNERS



MONTHLY PLAN

TRACK IT



6 STEPS TO DISCOVERING FREEDOM

#6 – RENEW YOUR MINDS

WHAT DO YOU WANT TO THINK ABOUT



PHILIPPIANS 4:8

Summing it all up, friends, I'd say you'll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious—the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse.

Compelling

Authentic

Reputable

Noble

True

My Definition:

Movies/Books/TV:

Examples I've personally had:

Nature/Activity:

Other:



CHALLENGE

RESIDENTIAL SETTINGS.



CHALLENGE

PARENT INVOLVEMENT



OUR FOCUS

KEYS FOR PROGRAM SUCCESS



KEY POINT

YOU NEED TO BE ABLE TO TALK ABOUT DIFFICULT THINGS.

LEVELS OF COMMUNICATION



Buffer Rules

Rules

Values



Focus on **values**
over **rules**.

WHAT ARE THEY LEARNING



Teach in the context of
relationships.



No Question is Off
Base.



PROJECT PATCH BOYS' PROGRAM

- ▶ Group Therapy
 - ▶ Emotion Regulation - DBT - 26 week
 - ▶ Trauma Module
 - ▶ Addictions/Technology Module
- ▶ Individual Therapy
- ▶ Chaplain/Spiritual
 - ▶ Life Hurts God Heals - 10 weeks
- ▶ Dorm
 - ▶ Resources like "Every Young Man's Battle"



CONNECT



www.projectpatch.org



[Facebook.com/projectpatch](https://www.facebook.com/projectpatch)



[@projectpatch](https://twitter.com/projectpatch) & [@chuckhagele](https://twitter.com/chuckhagele)



360-690-8495



Today'sFamilyExperience.com