

# RAISING TECH Safe Kids



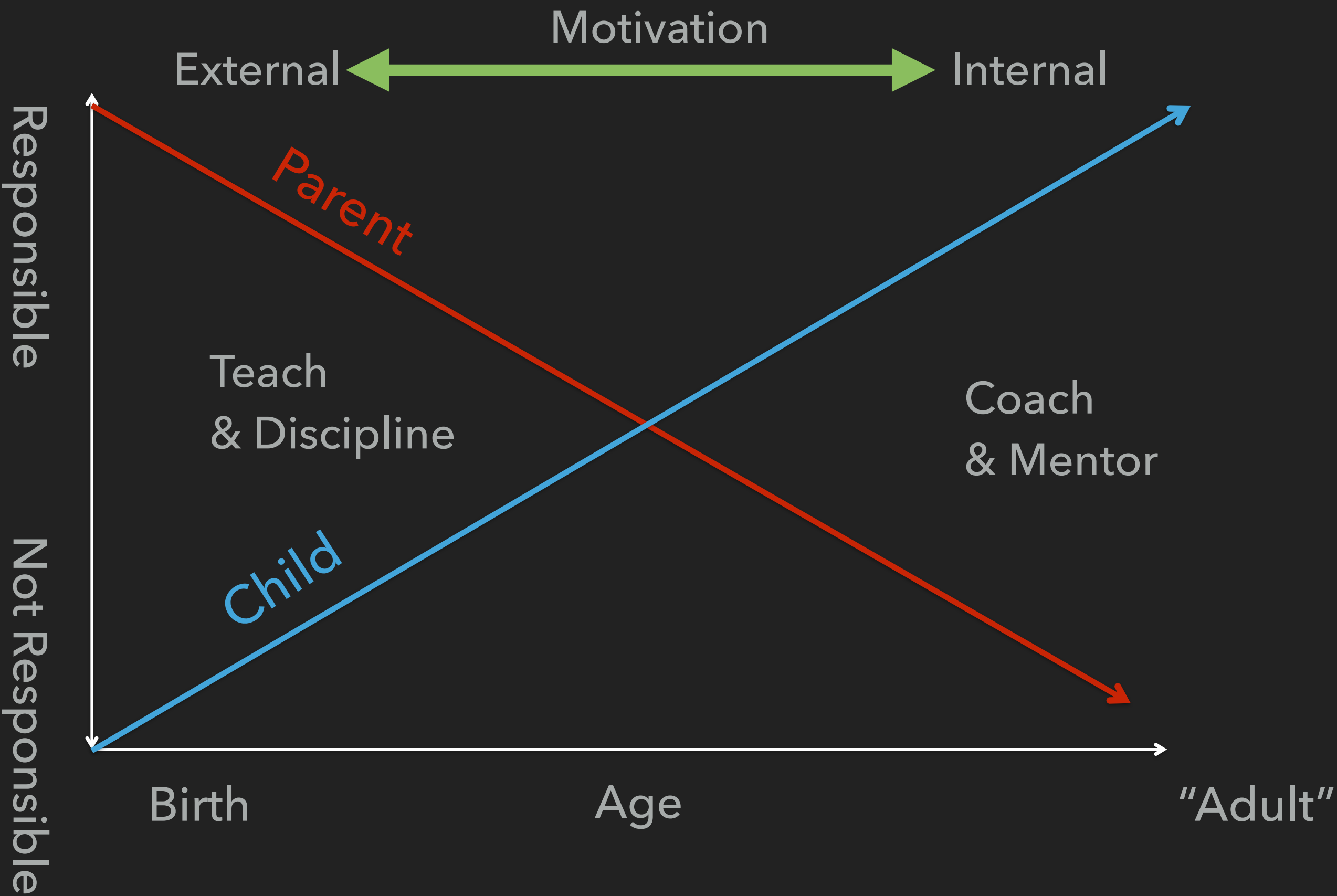
NWMC

**Regaining Purity After They've Seen it All:** Helping kids rediscover their purity after porn and sexual activity.

**THE THIEF COMES TO STEAL,  
KILL AND DESTROY**

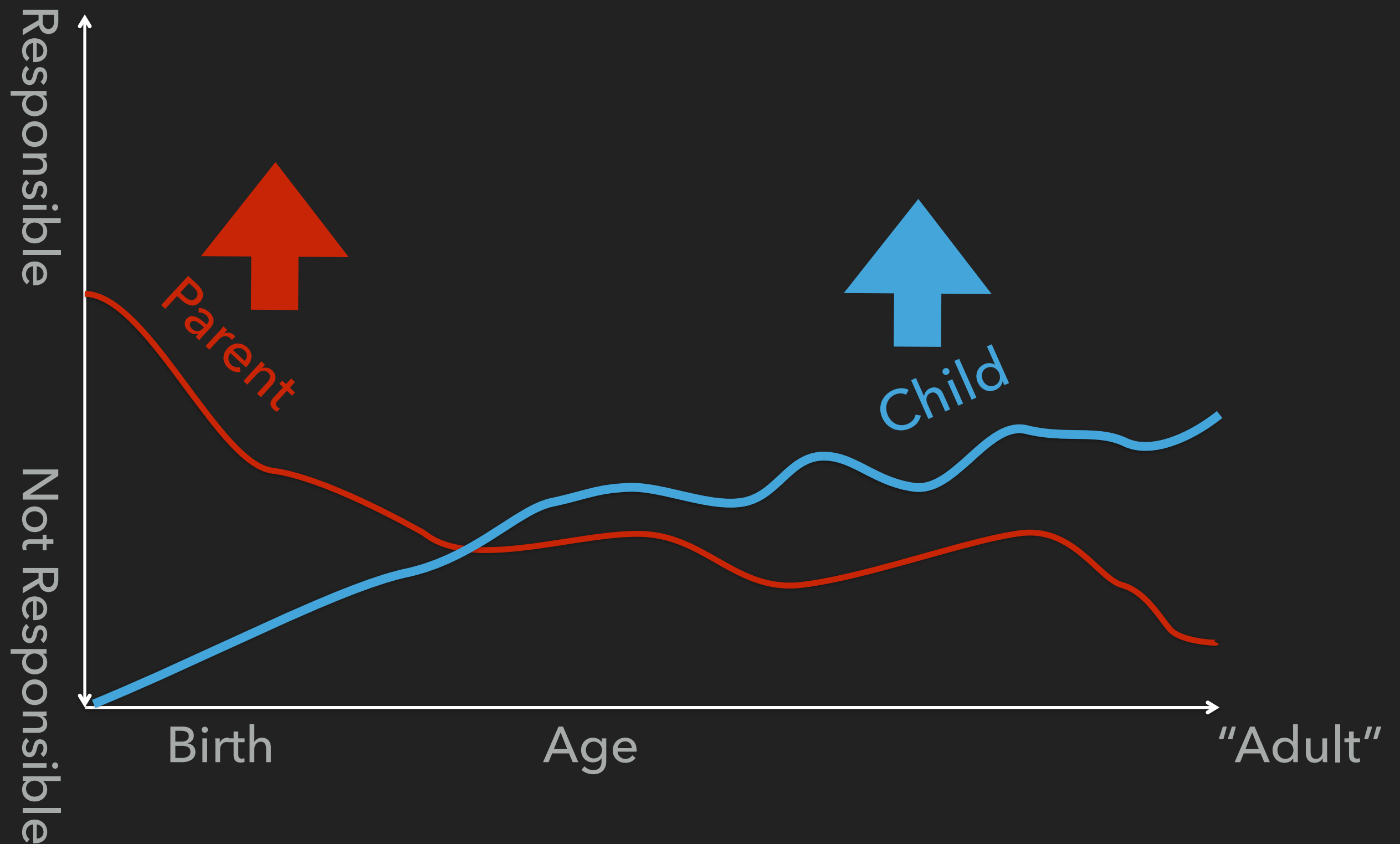
Jesus

# LAUNCH PROCESS

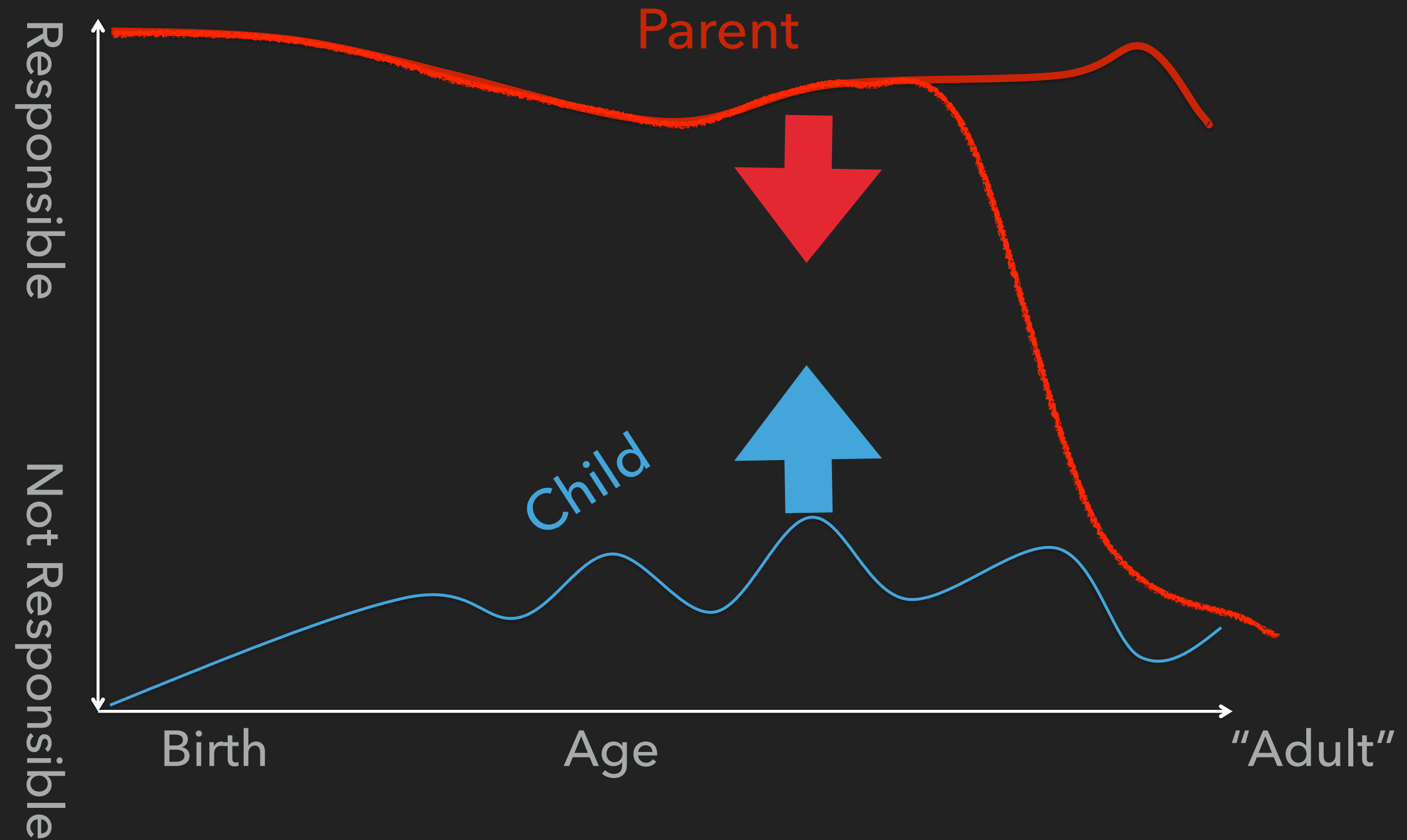


# WHAT MANY OF OUR KIDS HAVE EXPERIENCED

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# ONE POSSIBLE REACTION







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DEFINING PORNOGRAPHY

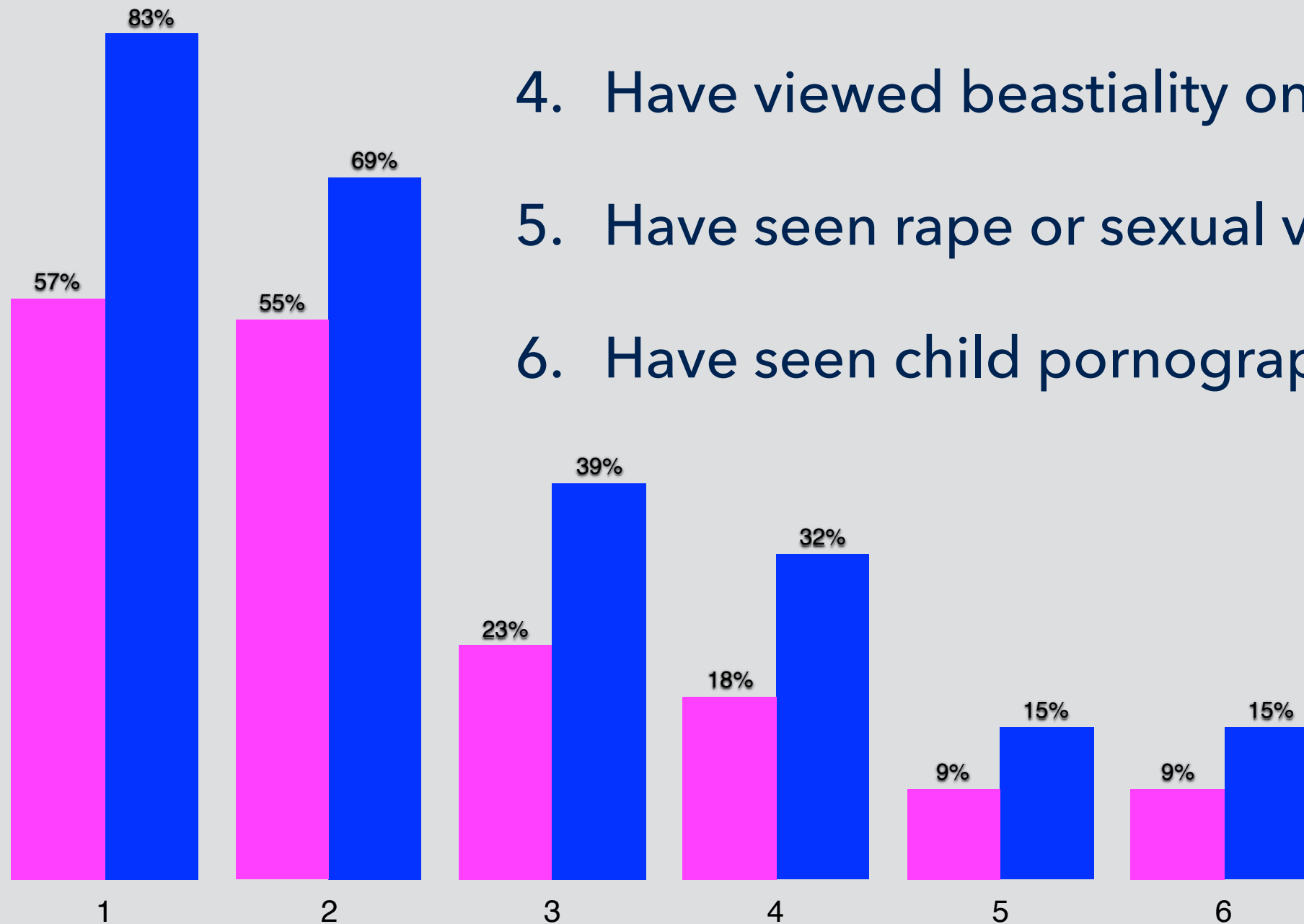
**FORM AND FUNCTION**

# INTERNET RISKS

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- ▶ 90% of 8-16 have viewed pornography
- ▶ 20-30% of adult industry traffic is children
- ▶ 80% of Children using e-mail receive inappropriate messages
- ▶ 70% of teens online have accidentally come across pornography on web

1. Have seen group sex on the Internet
2. Have seen porn showing same-sex intercourse
3. Have seen online sex acts involving bondage
4. Have viewed bestiality on the Internet
5. Have seen rape or sexual violence online
6. Have seen child pornography



Source: "The Nature and Dynamics of Internet Pornography Exposure for Youth" by Chiara Sabina, Janis Wolak, and David Finkelhor



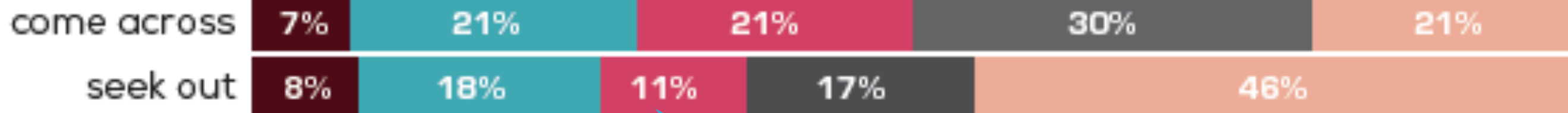
# FREQUENCY OF CONTACT WITH PORN

## HOW FREQUENTLY PEOPLE COME ACROSS VS. SEEK OUT PORN, BY AGE

% among U.S. teens, young adults, and adults 25+

● daily ● weekly ● once or twice a week ● often ● never

### teens 13–17



### young adults 18–24



# ACTIONS THAT ARE WRONG: TEENS & YOUNG ADULTS 13 TO 24

% usually  
+ always  
wrong

*base: teens and young adults 13-24*

1. taking something that belongs to someone else	88
2. having a romantic relationship with someone other than a spouse	75
3. saying something that isn't true	71
4. not recycling	56
5. thinking negatively about someone with a different point of view	55
6. overeating	48
7. significant consumption of electricity or water	38
8. wanting something that belongs to someone else	32
9. viewing pornographic images	32
10. reading erotic or pornographic content (no pictures)	27
11. watching sexually explicit scenes on TV or in a movie	24

**Google is now teaching many of our kids about sex... you can ask the privacy of your browser.**

**David Kinnaman**



CONSEQUENCE OF PORN

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**#1 – WE LOSE FOCUS**





## CONSEQUENCE OF PORN

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**#2 – INCREASES OUR APPETITE AND DECREASES OUR SEXUAL SATISFACTION**



- Coolidge Effect (Novelty Seeking)
- Tastes become increasingly extreme or deviant
- 19% premature ejaculation
- 25% disinterested in sex with partner
- 31% have difficulty reaching orgasm
- 34% experience erectile dysfunction





# CONSEQUENCE OF PORN

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**#3 – SEPARATES US FROM PEOPLE – MAKES US CONSUMERS OF PEOPLE**

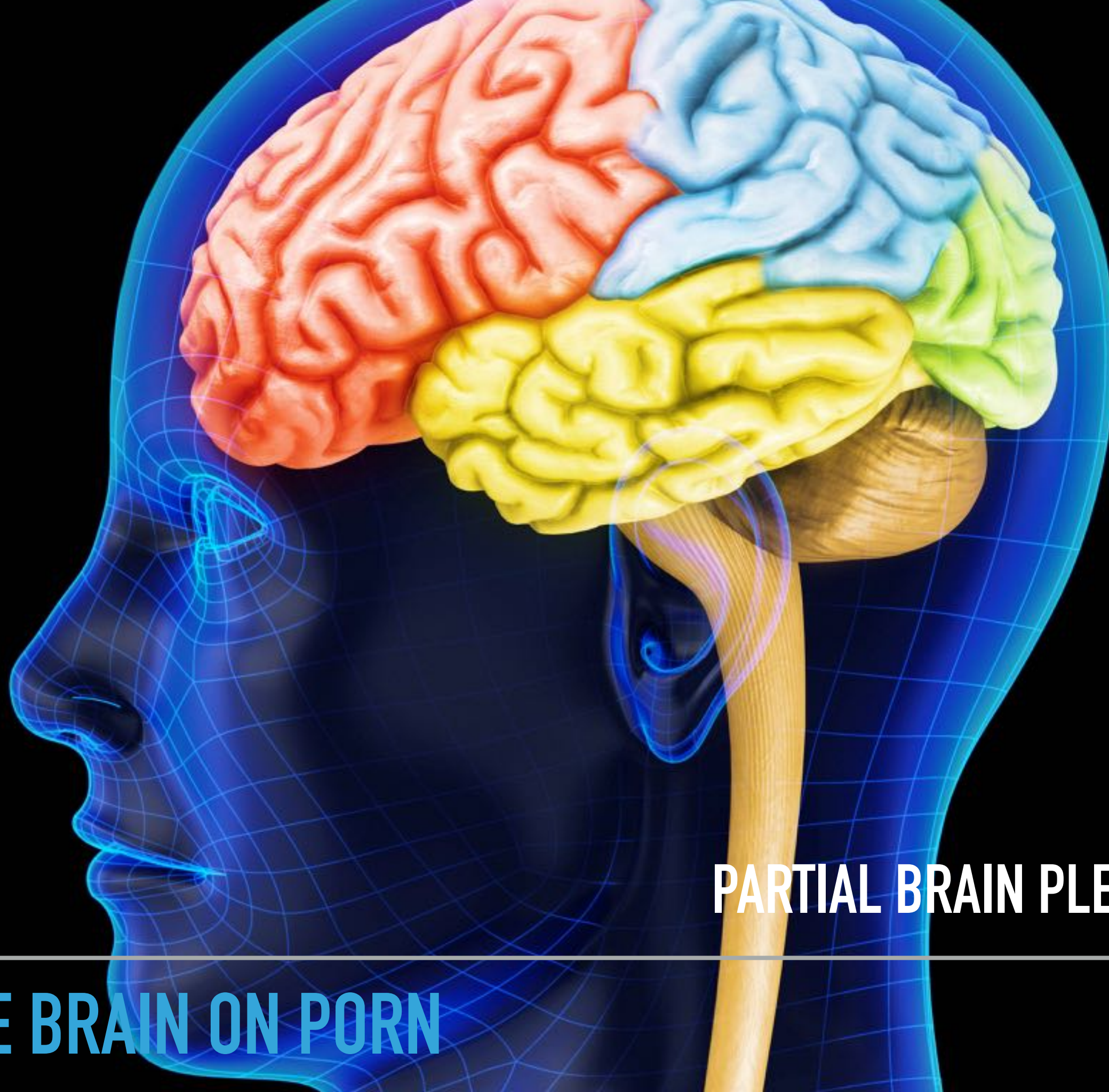


## PLEASURE FROM ABUSING WOMEN

- ▶ Frequent drug use to dull physical and emotional pain
- ▶ High probability of having sexual abuse as children
- ▶ Abusive or distant father
- ▶ Coercion - show up to something different than they agreed to
- ▶ Human sex-trafficking - 1/2 of prostitutes create pornography







**PARTIAL BRAIN PLEASURE**

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**THE BRAIN ON PORN**

**Neurons that fire together wire together**

**Donald Hebb – Neuropsychologist in 1949**

# CAUGHT BUT NOT HOOKED

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VS.



# WHERE IS THE CATCH

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- ▶ Secrecy
- ▶ Shame
- ▶ Ignorance about body
- ▶ Ignorance about pleasure
- ▶ Fear of overreaction
- ▶ People pleasing, fear of disappointing
- ▶ Perfectionism
- ▶ Hopelessness
- ▶ Entitlement





Buffer Rules

Rules

Values

Focus on Values  
over rules.





# RECOVERY



6 Steps Toward Freedom

## Helping Kids Recover



# 6 STEPS TO DISCOVERING FREEDOM

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## #1 – FOCUS ON POSITIVE – WHAT DRIVES YOU TO SAFETY?





6 STEPS TO DISCOVERING FREEDOM

**#2 – FOCUS ON RECOVERY OVER ABSTINENCE**



# 6 STEPS TO DISCOVERING FREEDOM

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## #3 – INCREASE RESISTANCE



# BASIC FOUNDATION

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- ▶ Internet in common areas
- ▶ **Accountability**/Filters
  - ▶ [www.covenanteyes.com](http://www.covenanteyes.com)
  - ▶ [www.xxxchurch.com](http://www.xxxchurch.com)
  - ▶ [www.internetsafety.com](http://www.internetsafety.com)
  - ▶ Circle with Disney
- ▶ Require passwords
- ▶ Monitor Activity
- ▶ Phones don't go everywhere
- ▶ "Ownership" rights







Low Resistance to Impulsivity





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**FRICTION**



**FIGHT EDGING**



EXPANDING YOUR LIFE

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# BOUNDARIES





## #4 – PURSUE YOUR WORST FEARS

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6 STEPS TO DISCOVERING FREEDOM

## PURSuing YOUR WORST FEARS

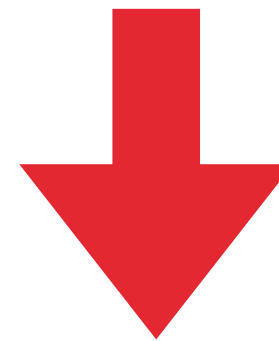
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Vulnerability  
Trust  
Dependence  
Relationships



Known

Unknown



Guarded  
Self-sufficient  
Independent  
Fearful





# 6 STEPS TO DISCOVERING FREEDOM

## #5 - DEVELOP AND WORK A PLAN



**MONTHLY PLAN**

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**EVERY MONTH, FOR EACH MONTH**





6 STEPS TO DISCOVERING FREEDOM

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**#6 – RENEW YOUR MINDS**



# WHAT DO YOU WANT TO THINK ABOUT

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## PHILIPPIANS 4:8

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Summing it all up, friends, I'd say you'll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious—the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse.

Compelling

Authentic

Reputable

Noble

True

My Definition:

Movies/Books/TV:

Examples I've personally had:

Nature/Activity:

Other:





SESSION 1

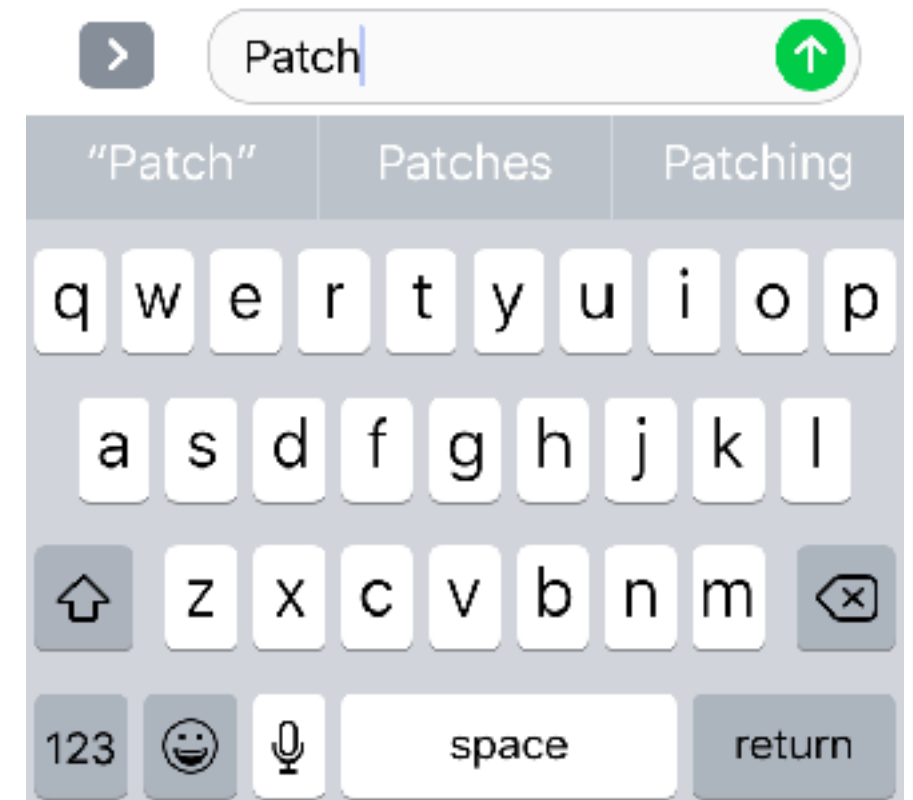
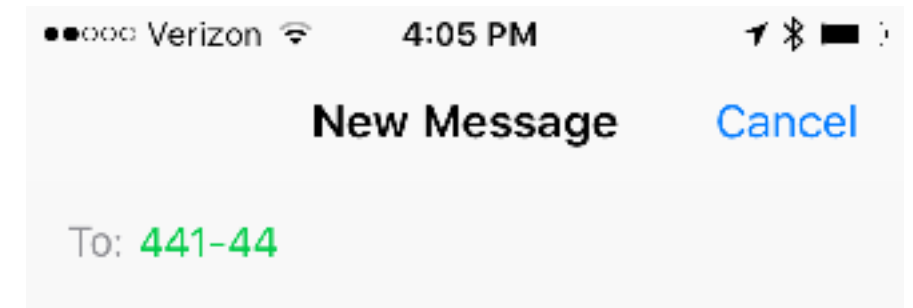
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QUESTIONS?

# NEXT STEP

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- ▶ Two Action Steps
- ▶ Support
- ▶ Email Follow-up
  - ▶ Sign-up sheet
  - ▶ [familyexperience.gr8.com](http://familyexperience.gr8.com)
  - ▶ PATCH to 44144



# CONNECT

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[www.projectpatch.org](http://www.projectpatch.org)



[Facebook.com/projectpatch](https://Facebook.com/projectpatch)



@projectpatch & @chuckhagele



360-690-8495



[TodaysFamilyExperience.com](http://TodaysFamilyExperience.com)