

Real-Impact Internship

Gain Experience

Work directly with clients while being part of an experienced team of TBRI® Practitioners and Caregivers. Discover the skills of helping clients while learning how to contribute to a multi-disciplinary team of therapists, educators, and support staff.

Graduate

- ✓ Individual and crisis counseling.
- ✓ Co-facilitate groups and family sessions.
- ✓ Teach or assist with DBT, Solutions, and Nurture groups.

Undergraduate

- ✓ Mentor clients while learning to be a TBRI® caregiver.
- ✓ Assist with DBT, Solutions, and Nurture groups.
- ✓ Complete notes, reports, and client record keeping.

About Us

Project Patch is a licensed and accredited Therapeutic Residential Program for boys and girls ages 12-17. Services include individual, group, and family therapy, education, recreation, faith, mentoring, and life-skills.

The program staff is comprised of 40 dedicated Christian staff. Our 169-acre campus in Garden Valley, Idaho provides opportunities for hiking, camping, skiing, mountain biking, and fishing.

Why Choose Us?



Get paid while gaining real world experience helping teens facing issues such as depression, anxiety, suicidal ideation, trauma, and family conflict.

Qualifications



Must be enrolled in a behavioral science program at an accredited educational institution.

Benefits



- Get paid
- Housing
- Beautiful Location
- Real-World Experience

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During their stay teens attend our on-site accredited school, participate in individual, family, and group therapy, learn life skills, and are mentored by highly trained Christian staff utilizing Trust-Based Relational Intervention® (TBRI).

Girls' Program

Helping girls struggling with depression, anxiety, poor emotional regulation, and self-harming behaviors.

- Psychiatric struggles—Depression, ADD, ADHD, Anxiety, Mood Disorders
- Self-harm
- Oppositional Defiance Disorder (ODD)
- Rebelliousness
- Adverse Childhood Experiences
- Anger management problems

Boys' Program

Helping boys who are angry, isolating from help, addicted to technology, and under-performing at school.

- Psychiatric struggles—Depression, ADD, ADHD, Anxiety, Mood Disorders
- Oppositional Defiance Disorder (ODD)
- Anger at home
- School Refusal/Poor grades
- Abuse of technology
- Rebelliousness

Exclusionary Criteria: Sexual offenders/Deviancy toward others, severe eating disorders, pregnant, compounding mental health issues, lack of conscience, conduct disorder, severe attachment disorders/issues, fire starter, significant criminal history, untreated drug addiction, actively suicidal, violence/aggressive behavior, gang activity, cruelty to animals, and severe runaway risk.

Separate Girls' and Boys' Programs: Both programs share the same campus and operate in parallel. Clients may be occasionally in the same room for presentations but do not mix or interact.

Campus: Our 169-acre campus is nestled in a secluded valley surrounded by mountains and bordered by a scenic river in southern Idaho. This facility is the perfect environment for healing.

Staff: All staff are trained as Trust-Based Relational Intervention® (TBRI) Caregivers. Staff to client ratios: Therapists (1 to 8), Direct Care Daytime (1 to 4), Direct Care Night (1 to 18), Teacher (1 to 9).

Therapist Qualifications: Must possess a master's degree from an accredited college or university such as MSW, LPC, MFT. Must be licensed or eligible for licensure in the State of Idaho with most following a path to clinical level license.

Therapy: Individual, Family & Group therapy, Cognitive Behavioral Therapy (CBT), and emotional regulation training through Dialectical Behavior Therapy (DBT).

TBRI®: An attachment-based, evidence-based, and trauma-informed intervention designed to meet the complex needs of vulnerable children. TBRI® uses Empowering Principles to address physical needs, Connecting Principles for attachment needs, and Correcting Principles to disarm fear-based behaviors.

Medication Management: Regular psychiatric appointments and RN-supervised medication administration.

Individualized Program: Clients, parents, and our therapists set individualized therapy goals. Education goals are determined through assessments/placement evaluations. Students receive individualized learning plans, as well as study and success skills.

Length of Program: Both Boys' and Girls' Programs are six to twelve months.

School: Accredited middle/high school education. Students may recover lost credits, earn transferable high school credits, or earn their high school diploma at our school. GED/Equivalency support for older students needing an optional track.

Recreation: Designed to address physical, mental, and emotional needs. Facilities include a gym, dunk court, and soccer field. Active recreation includes basketball, volleyball, softball, hiking, rafting, fishing, and weightlifting. Passive recreation includes games, crafts, music, and hanging out with friends. Movies and other technology-based entertainment are kept at a minimum.

Cost: Daily rates are based on financial need. We are a 501c3 non-profit committed to serving clients based on need. Through the generosity of donors, we have the option of awarding financial assistance to qualifying families. Families are required to submit their budget, tax returns, pay stubs, and asset information.

Project Patch accepts clients regardless of creed, religion, or race. We are a faith-based ministry that focuses on teaching teenagers their worth and value in the eyes of their Creator. While we are unable to accommodate individual religious practices other than those we provide on campus, all are respected.