

Real-Impact Internship

Gain Experience

Work directly with clients while being part of an experienced team of TBRI® Practitioners and Caregivers. Discover the skills of helping clients while learning how to contribute to a multi-disciplinary team of therapists, educators, and support staff.

Graduate

- ✔ Teach or assist with DBT, Solutions, and Nurture groups.
- ✔ Co-facilitate groups and family sessions.
- ✔ Individual and crisis counseling.

Undergraduate

- ✔ Mentor clients while learning to be a TBRI® caregiver.
- ✔ Assist with DBT, Solutions, and Nurture groups.
- ✔ Complete notes, reports, and client record keeping.

About Us

Project Patch is a licensed and accredited Therapeutic Residential Program for boys and girls ages 12-17. Services include individual, group, and family therapy, education, recreation, faith, mentoring, and life-skills.

The program staff is comprised of 40 dedicated Christian staff. Our 169-acre campus in Garden Valley, Idaho provides opportunities for hiking, camping, skiing, mountain biking, and fishing.

Why Choose Us?

Get paid while gaining real world experience helping teens facing issues such as depression, anxiety, suicidal ideation, trauma, and family conflict.

Qualifications

Must be enrolled in a behavioral science program at an accredited educational institution.

Benefits

- Get paid
- Housing
- Beautiful Location
- Real-World Experience

Learn More & Apply



During their stay teens attend our on-site accredited school, participate in individual, family, and group therapy, learn life skills, and are mentored by highly trained Christian staff utilizing Trust-Based Relational Intervention® (TBRI).

Presenting Challenges:

Helping teens struggling with depression, anxiety, poor emotional regulation, self-harming behaviors, and underperforming at school.

- Psychiatric struggles—depression, ADHD, anxiety, mood disorders, Oppositional Defiant Disorder (ODD)
- Suicidal Ideation
- Self-harm
- Rebelliousness
- Anger management problems
- Adverse childhood experiences
- School refusal/poor grades
- Abuse of technology
- Poor peer choices
- Minor runaway
- Poor decision making skills

Exclusionary Criteria: Sexual offenders/deviancy toward others, severe eating disorders, pregnancy, compounding mental health issues, lack of conscience, conduct disorder, severe attachment disorders/issues, intellectual disability, fire starter, significant criminal history, untreated drug addiction, actively suicidal, violence/aggressive behavior, gang activity, cruelty to animals, and severe runaway risk.

Separate Girls' and Boys' Programs: Both programs share the same campus and operate in parallel. Clients may be occasionally in the same room for presentations but do not mix or interact.

Campus: Our 169-acre campus is nestled in a secluded valley surrounded by mountains and bordered by a scenic river in southern Idaho. This facility is the perfect environment for healing.

Staff: All staff are trained as Trust-Based Relational Intervention® (TBRI) Caregivers. Staff to client ratios: Therapists (1 to 8), Direct Care Daytime (1 to 4), Direct Care Night (1 to 18), Teacher (1 to 9).

Therapist Qualifications: Must possess a master's degree from an accredited college or university such as MSW, LPC, MFT. Must be licensed or eligible for licensure in the State of Idaho with most following a path to clinical level license.

Therapy: Individual, Family & Group therapy, Cognitive Behavioral Therapy (CBT), and emotional regulation training through Dialectical Behavior Therapy (DBT). All therapists are state licensed and hold a master's degree.

TBRI®: An attachment-based, evidence-based, and trauma-informed intervention designed to meet the complex needs of vulnerable children. TBRI® uses Empowering Principles to address physical needs, Connecting Principles for attachment needs, and Correcting Principles to disarm fear-based behaviors.

Medication Management: Regular psychiatric appointments and RN-supervised medication administration.

Individualized Program: Clients, parents, and our therapists set individualized therapy goals. Education goals are determined through psychological, educational assessments and placement evaluations. Students receive individualized learning plans, as well as study and success skills.

Length of Program: Both Boys' and Girls' Programs are six to twelve months.

School: Accredited middle/high school education. Year round school with rolling enrollment. Students may recover lost credits, earn transferable high school credits, or earn their high school diploma at our school. GED/equivalency support or dual credit classes for older students needing an optional track. In-person, onsite instruction provided by teachers licensed by the State of Idaho.

Recreation: Designed to address physical, mental, and emotional needs. Facilities include a gym, dunk court, and soccer field. Recreation includes basketball, volleyball, softball, hiking, rafting, fishing, biking, and weightlifting. Activities includes games, crafts, music, and hanging out with friends. Movies and other technology-based entertainment are kept at a minimum.

Cost/Financial Aid: Daily rates are based on financial need. We are a 501c3 non-profit committed to serving clients based on need. Through the generosity of donors, we have the option of awarding financial assistance to qualifying families. Families submit a financial aid application and supporting documents to determine level of need.

Project Patch accepts clients regardless of creed, religion, or race. We are a faith-based ministry that focuses on teaching teenagers their worth and value in the eyes of their Creator. While we are unable to accommodate individual religious practices other than those we provide on campus, all are respected.